

**40-HOUR BASIC MEDIATION TRAINING - ONLINE**  
**September 16, 17, 22, 23, 24, 29, 30 (2020)**

*Sponsored by*  
**Family and Community Mediation**  
*in support with University of Maine Cooperative Extension*

**Interested in becoming a mediator?**

Enhancing your conflict resolution/management skills? Or, learning how to assist others in resolving their conflict-related issues? If yes, plan to attend this highly interactive practical training. Demonstrations, discussions, exercises, videos, and role-play practice with mediation scenarios are central features of this training in addition to mini-lectures. It will focus on both the facilitative and transformative orientation models. Guest mediator coaches will provide additional guidance and experience in your learning.

Learn new skills, understand how to apply them to your life and to a mediation practice by taking this training. Past participants report an amazing shift in the way they talk, listen and problem solve—at work and in their family life.

**At the conclusion of the training, participants will receive a Certificate of Completion, a commonly accepted state and national standard. Note: Participants are expected to attend all training sessions to receive a certificate.**



**Areas of focus include:**

- Conflict theory and stress response
- Theories and practice of mediation – both facilitative and transformative orientations > Screening for mediation appropriateness
- Power dynamics and trust building
- Effective interventions and practice
- The impact of mediator influence and implicit bias
- Standards of mediator practice and ethics
- The professional limitations of mediation practice
- Online mediation using the Zoom platform

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***Presenters:***

**KAREN GROAT**, Director of Family and Community Mediation, has worked with mediators, families, communities and outside organizations for over 18 years, specializing in complex family conflict and systems in more than 3500 mediations. An experienced Transformative Mediation trainer and communication coach, she also provides private and court-related mediation and training and is on the Maine Association of Mediators Board of Governors. FCM has expanded statewide in partnership with MAMP to serve Maine's agriculture and rural communities.

**LEAH BOYD** is mediator, facilitator and certified trainer with the Center for Nonviolent Communication. She is co-owner of Clarity Services, LLC offering communication-related services to a variety of organizations as well as individuals. Since 2010 Leah has mediated for private clients, as well as the Maine District Court and the Department of Education.

**PAM WAITE**, A graduate of Smith College and the University of Maine School of Law, Pam represented the State of Maine as an Assistant Attorney General primarily in employment and tax matters for over 30 years. A skilled negotiator, she trained to become a mediator and now mediates privately; serves on the court rosters for family matters and foreclosure cases; and also is on the roster as a mediator for the Maine Human Rights Commission and the Maine Department of Education. Pam believes strongly in party self determination and the importance of trying to resolve disputes by agreement as an alternative to engaging in lengthy and expensive litigation. Pam is also the President of the Maine Association of Mediators (MAM).

And other professionals from the mediation field with extensive experience in a variety of Alternative Dispute Resolution (ADR) practices.

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**Enroll Early! Registration is limited.**

**Dates:** September 16, 17 (We/Th), 22, 23, 24 (Tu/We/Th), and 29, 30 (Tu/We) 2020  
**Time:** 8:30 a.m. – 3:00 p.m. with hour lunch and breaks  
**Location:** ONLINE  
**Fee:** \$900, \$785 Early Bird rate if registered by August 1, 2020  
**Credit:** Maine CLE available

*\*For CLE credit add an additional \$35 to registration fee*

For more information contact: Karen Groat at [Karen@mainefcm.org](mailto:Karen@mainefcm.org)

or go to [www.Mainefcm.org](http://www.Mainefcm.org)

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Fee: \_\_\_\_\_ \$785 Early Registration - Must be received by August 1, 2020  
\_\_\_\_\_ \$900 Regular Registration - Received on or after August 2, 2020

\* A non-refundable deposit of \$100 is due at the time of registration\*

\* For CLE credit add an additional \$35 to registration fee\*

Fees include light snacks and beverages. Training participants are responsible for own accommodations, food and transportation.

\*Last Day to Register – September 4, 2020

Full Payment Due – September 15, 2020

\*If space available

Send to: Family and Community Mediation, c/o Karen Groat  
190 US Rte One PMB 259 Falmouth, ME 04105  
Or email: [Karen@mainefcm.org](mailto:Karen@mainefcm.org) or [Info@mainefcm.org](mailto:Info@mainefcm.org)

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Registration Questions? Contact Karen Groat at [Karen@Mainefcm.org](mailto:Karen@Mainefcm.org) or 207.632-1111

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Preferred Phone: \_\_\_\_\_

Will you need: \_\_\_\_\_ CLE Credit? How did you hear about the Course? \_\_\_\_\_

Name as you would like to appear on your certificate (if different from above): \_\_\_\_\_

Note: Participants are expected to attend all training sessions to receive Certificate.

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**Cancellation Policies:** Fees will be refunded, less the \$100 deposit, if written request is received by 9.4 2020 Later cancellations will be refunded only if space is filled. Refunds will be processed after the end of the training.

\_\_\_\_\_ Check Payment

Payable to: Family and Community Mediation Memo Line: 40-Hour Basic Mediation Training

Credit Card Payments: \_\_\_\_\_ MasterCard \_\_\_\_\_ Visa

Name (as appears on the card): \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

3 Digit Authorization #: \_\_\_\_\_ Amount To Be Charged To Card: \_\_\_\_\_